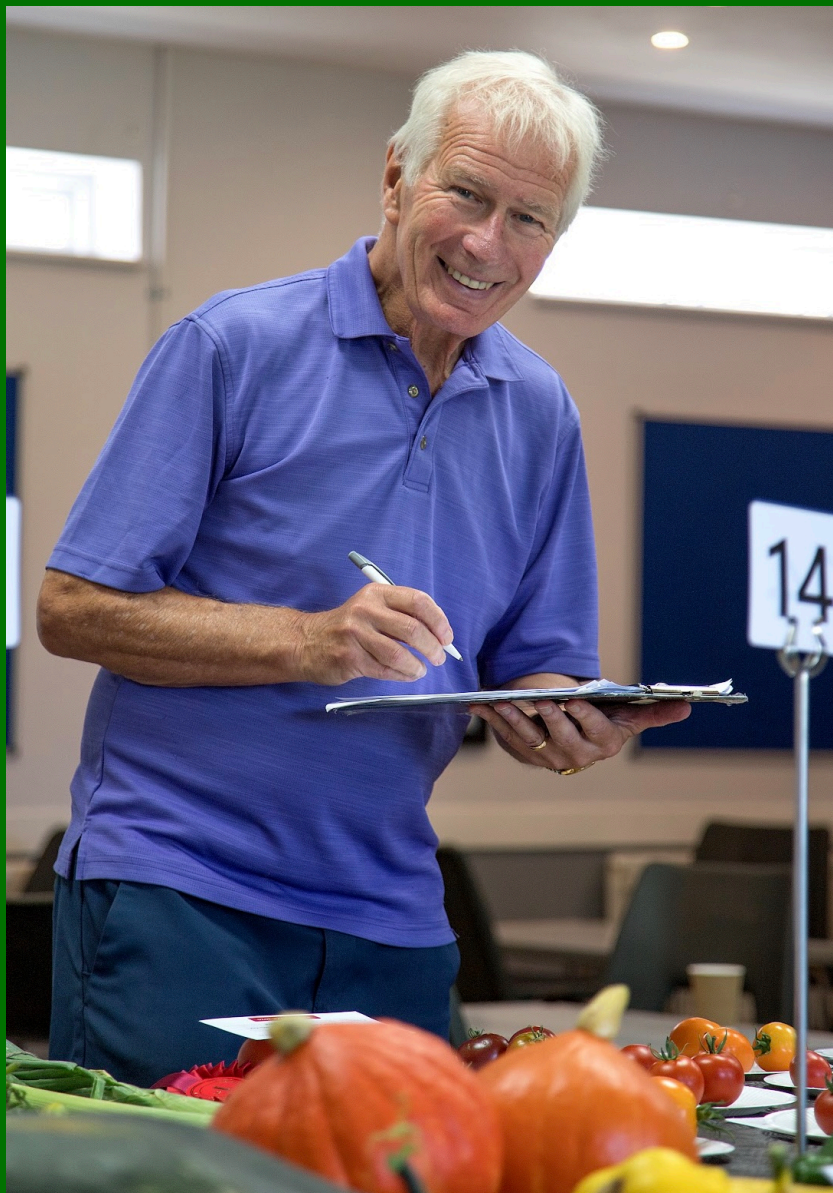


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 E-mail: revnicolalenthall@btinternet.com

Dear Friends and Parishioners

By the time you read this, we will have a new Bishop of St. Albans. As the senior bishop in the Diocese of St Albans, he will be in overall charge of all the Church of England parishes in Bedfordshire, Hertfordshire, Luton and Barnet – and because that is quite a big area, he gives what is called ‘the cure of souls’ in all the parishes to us, your local clergy.

This beautiful phrase, ‘the cure of souls’, means that as your vicar I have pastoral responsibility for all the people in my parishes, offering care and nurture, and reminding us that we are all made in God’s image and loved by him since the dawn of time and for eternity.

Our new bishop, Andrew Rumsey, comes to us from his previous role as a bishop in Wiltshire, but he was born in this diocese, and so is, in a way, returning to home ground. He has written on place, faith and England, and the importance of ministering in the location where we have been called. Rooted in the everyday, knowing God where you are and being aware of his presence – this sort of thinking underlies his understanding of God.

Although a new bishop will mean change for the diocese, all Christians are aware of the **unchanging** nature of God’s love, which sustains us as the seasons of the year and the seasons of our lives turn ever onwards. In any process of change we are held by God, rooted and grounded in his love – as I have become rooted and grounded in these three parishes over the years.

Please pray for Bishop Andrew and his family, as he takes up this new role, and all who are managing new beginnings – in work, at home or anywhere else at this time.

With my love and prayers, this autumn and always,
Nicola Lenthall

The front cover shows Kensworth’s David Manton at the Flower & Veg Show. For more information, see page 13.



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872223
revnicolalenthall@
btinternet.com

Parish Directories

Lay Ministers:

Dorothy Blackburn 872670
Penny Fray 07917 788536

KENSWORTH

Churchwardens

Jane Bedlington	07796 015292
Joanne Cook	07799 088864
Steve Hartley	872713
Joanne Cook	07799 088864
Reverend Nicola Lenthall	872223
Barrie Huggins	607841
Katherine Huggins	607841
Joanne Cook	07799 088864

PCC Secretary

Church Music

Bell Ringers

Sunday School & Safeguarding

Flowers

STUDHAM

Churchwarden & Safeguarding

PCC Secretary

Tower Captain

Children's Church:

Flowers

Meg Bender	872967
Caroline Child	872779
Angela Blackburn	663756
Marjorie Metcalfe	872133
Jenny Rushmer	873388

WHIPSNADE

Churchwarden

Churchwarden & Safeguarding

PCC Secretary

Church Music

Tower Captain

Tower Correspondent

Sunday School

Flowers

Martin Rees	873117
Mike Bailey	872318
Joan Bailey	872318
c/o Pam Ward	872406
Pam Ward	872406
Sylvia Kendrick	07757 209652
Glenda Cox	07941 631252
Ann Brinklow	07941 358334

SKAW Studham Kensworth and Whipsnade Good Neighbours Scheme 07563 135895

THE PARISH LINK www.parishlink.org.uk

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AROUND ABOUT STUDHAM

ST MARY'S CHURCH

Church prayers: in October we shall be praying especially for the Bell and the Red Lion, for local businesses and farms and for the residents and staff at Knoll House. If you would like a particular prayer to be said, please contact churchwarden, Meg Bender (872967 or meg.bender4@btinternet.com) or, if you prefer, write your own prayer and hang it on the prayer tree in the church.

Harvest Festival: the harvest service takes place on Sunday 4th October at 10.30am. The church will be decorated on Saturday 3rd and will be looking its best with decorations of flowers, produce and foodstuffs kindly provided by village organisations – many thanks to them. All the food will be delivered to the Salvation Army and to Dunstable Foodbank. After the service there will be an informal 'Bring and Share' lunch. Everyone is very welcome.

Kids' Club meets on Friday 16th October in the church from 3.30pm to 5.30pm. The theme this time is 'Jesus is the light' and there will be lots of interesting activities for the children to enjoy. The afternoon ends with a short worship and a hot tea. Children and young people of all ages and their parents and carers are very welcome. To help with catering, please book your places with Caroline Child (07711 955070 or cjhitchman@hotmail.com).

Children's Church: join us during the morning service on Sunday 18th October at 10.30am. Through the shining of lights and mirrors the story of Moses meeting God will come alive to the children and young people. Afterwards, with the whole congregation, enjoy our monthly birthday cake, celebrating all the October birthdays.

A **Churchyard Working Party** is planned for Tuesday 13th October from 10am and will be followed by a light ploughman's lunch at about 12.30pm. Members of the Friends of Studham Common are joining us to help with the hedge trimming – thank you in advance to them – and there will be a variety of lighter jobs. Please bring your own tools.

The **Annual Quiz** is taking place on Saturday 21st November at 7.30pm in Studham Village Hall. Tickets at £12.50 include a fish and chip supper and are available from Meg Bender – see contact details above.

FRIENDS OF STUDHAM CHURCH 100 CLUB

September's lucky winner in The Friends of Studham Church 100 Club was John Hanna, receiving £60, whilst Pam Rumfitt won £10 as the runner-up.

For information on the 100 Club, please contact John McDougal (873257 or john.mcdougal@btinternet.com).

WHIPSDADE INCL. OLDHILL WOOD

CHURCH NEWS

Church Prayers: in October we will be praying especially for those people living from Chiltern Cottage to the Zoo and Dagnall Road. If you would like a special prayer to be said, please get in touch with the Rector or one of our Churchwardens; their contact details can be found on the 'Parish Directories' page. You are also welcome to write your own prayer on one of the 'leaves' on the table at the back of the Church and then hang it on the 'Prayer Tree'.

Sunday School: the children will meet in the Church on Sunday 11th October during the 9am Service for activities connected to Bible stories. Bring your children along for friendship and fun.

WHIPSDADE CHURCHYARD WORKING PARTY

We will be meeting on Saturday 10th October. 9am – 12 noon. We will be getting the churchyard ready for Autumn, clearing hedge cuttings and leaves. Bring your own equipment and come and join us. Refreshments provided.

WHIPSDADE WEDNESDAY COFFEE MORNING

We run a coffee morning in Whippsnade Village Hall every two weeks from 10am - 12 noon. The dates for October are Wednesdays 7th and 28th. (Please note, this is a change of dates due to the village lunch being moved). Come along and enjoy a coffee and a chat.

WHIPSDADE VILLAGE LUNCH

There will be a village lunch on Wednesday 14th October at 12.30pm. Come and enjoy a light hot lunch, cakes, tea and coffee – all for £7. There will be the usual raffle – any donations gratefully received.

If you have any dietary requirements or any questions, please contact Tracy (07889 387957 or e-mail: tracy@stockdaledmartin.co.uk). If you would like to volunteer your help, we would be pleased to welcome you. Please contact Tracy on the e-mail above or Jane (07903 019188).

WHIPSDADE KNIT AND NATTER

The group will be meeting in Whippsnade Village Hall for some friendly chat, refreshments and shared crafts on Tuesday 6th October. 2pm – 4pm. Choose your project, bring it along, and one of our many knitters will be there to help you along your journey to achieve amazing results.

WHIPSDADE VILLAGE GET-TOGETHER

Come and join us on Tuesday 20th October in the Village Hall between 2pm and 4pm for tea, coffee, cakes and a good catch-up with new and old friends. Various activities go on at different weeks, including bingo and quizzes. There is always a raffle with plenty of prizes. Please come along and join us.

KENSWORTH PARISH CHURCH

Church News

In October we celebrate the foundation of the present church building in the 12th century. There are the foundations of an older church building below the present one, so there has been a place of worship on this site for at least 1000 years.

Our Prayers for You

In October our special prayers will be for those who live in Common Road from Dovehouse Lane to Hollicks Lane.

If you would like a particular prayer to be said, e.g., for a loved one or a special event, please contact Dorothy Blackburn (872760 or Dorothy.godbod1@outlook.com).

Sunday School/Messy Church

There will be a Messy Holy Communion on 11th October, preceded by breakfast for everyone at 10.15am. All are very welcome to attend. The theme is 'All together now'.

On 25th October, the Family Service will be about how Jesus explains why he uses parables to get his message across.

If you would like your child to join Sunday School, or if you want to be a helper, please contact Katherine Huggins (607841) for details.

Choir News

The Choir will accompany the sung service of Holy Communion on 4th October. If you would like to join, please contact the Vicar (revnicolalenthall@btinternet.com). We also welcome instrument players to help accompany on special occasions.

Church Calendar

13th October: St Edward the Confessor. He designated the Parish of Kensworth in the 11th Century. There is a small shrine to him in the chancel.

28th October: St Simon and St Jude.

Confirmations

We were very proud and pleased to welcome all the Kensworth candidates for confirmation, which took place at St Mary Magdalene, Whipsnade, on 13th September. We pray that Fay Benoy, Tabitha Benoy, Oliwier Proscinski and Jessica Stafford will grow in Christianity and love within the fellowship of the Church and live ever more fulfilled lives in the future.

KENSWORTH ST MARY'S CHURCHYARD WORKING GROUP

Please join us on Saturdays 17th and 24th October and 7th November, from 9am, to help clear leaves and tidy the churchyard ready for winter. Please bring your own gardening tools. Refreshments will be provided.

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MORE KENSWORTH

KENSWORTH METHODIST CHURCH

For all services, see page 15. The October Coffee Morning is on Saturday 3rd, 10.30am – 12 noon. Come and enjoy delicious tea/coffee and cakes and friendly chat.

KENSWORTH DROP IN CLUB

Everyone is welcome to 'Drop In' at Kensworth Village Hall every Thursday 9am – 11am for tea/coffee and biscuits (soft drinks and crisps for children). Enjoy a chat and games and get to know the locals! We also have outings.

KENSWORTH FRIDAY AFTERNOONERS, Chat 'n Snack

We will be going strong on Fridays in the Village Hall, 1 – 4pm. Everyone welcome, including dogs! Do pop in and see us. Snacks and drinks are available. (NB: there will be no meeting on Friday 30th October).

KENSWORTH C of E PRIMARY ACADEMY and PRESCHOOL

Contact: office@ken.dsamat.co.uk; 01582 872336

With our Harvest Festival just around the corner, children have been reflecting on all that we are thankful for, from our families and friendships to the food we enjoy and the world around us. This term, we have been focusing on how we can all play our part in caring for God's creation.

We are also delighted to see our Year 6 pupils embracing their leadership roles and taking on additional responsibilities. They have made an excellent start to the year and are already setting positive examples. There is plenty happening beyond the classroom too. Our range of clubs continues to grow, providing opportunities for children to develop new skills, interests and friendships. This term's clubs include Lego Club, Football Club, Choir, Computing Club, Arts and Crafts Club and Sensory Club, which has been designed to support pupils with SEND who may find it difficult to access some of our other extracurricular activities.

At Kensworth CE Academy, we are proud of our caring community, where every child is known, valued and encouraged to flourish. We currently have spaces available for in-year admissions from Year 1 to Year 6. If you would like to find out more about our lovely school, we warmly invite you to arrange a visit and see our welcoming environment for yourself.

We wish all members of our local community a happy and blessed autumn.

Sarah Bowley

DUNSTABLE FOODBANK



Harvest appeal 2026

As you gather and give thanks this Harvest, support people practically in your community, and join us in ending hunger today, together and forever.

In the three weeks leading up to Harvest, we will provide over 500 food parcels to people on the lowest incomes - more than 2 thirds are homes with children.

Support us this Harvest...

End hunger today...

Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Meat in Sauce	Custard
Tinned Meat	Sponge
Pasta Sauce	Pudding
Long Life Milk	Instant Mash
Tinned Vegetables	Jam, Honey & Peanut Butter
Rice Pudding	Snacks (crisps, biscuits, sweets)

Explore ending hunger together and forever...

Download Trussell's Harvest reflection written by people who have used food banks.

This reflection can be used alone or together with a group.

Explore stories of hospitality and gratitude, reflect on different meanings of Harvest and pray with us as we seek to end hunger today, together and forever.

View and download the reflection at trussell.org.uk/harvest

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See article about the work of the Foodbank on P.23

LOCAL NEWS

STUDHAM MAY FAIR

The May Fair Committee 2026 would like to thank the 155 villagers who volunteered on the day and all who joined to make it a special event. Not only was it a great family occasion, but we raised a record amount for our village community. This year the profits go to twelve Studham organisations including: Friends of Studham Church, Studham Village C of E Academy, Scouts, Sports and Social Club, Tennis and Pickleball Club, Parochial Church Council, Village Hall, Playing Fields, Mums and Tots and the charity, Hospice at Home, providing end-of-life care for people at home.

Please save the date – the 2027 Studham May Fair will be held on Saturday 15th May.

FRONT COVER - DAVID MANTON

David's late wife, Margo, started the Kensworth Flower & Veg Show in 2008. David helped Margo with the set up, and from then on became a member of the committee, in later years becoming chairman, until last year when he stepped down. The photo shows him at this year's Show.

KENSWORTH FLOWER & VEG SHOW

Despite fears that the recent heatwaves would have a drastic effect on the entries for this year's Show, the exhibitors pulled out all the stops, resulting in another colourful and plentiful event.

To a packed Village Hall, prizes were presented to Lisa & Tony Barber for the Best Front Garden and to Sue Moynes and Tom Dooer for Best Allotments. Gaye O'Hare's autumn centrepiece won the Best Floral Arrangement and Derek Crawford's raspberry jam was judged as the Best Preserve. Anne McDonald took away the prizes for her sausage rolls (Best Cookery) and her knitted corn on the cob (Best Craft). Stephen Beament's display of dahlias earned him the award for Best Flower in Show, but the major winner on the day was Kevin Goodwin whose unusual white currants were Best Fruit and helped him to take away the Best in Show Cup for accumulating most points on the day.

Thanks to Town & Country for sponsoring the Show and to Kensworth Parish Council for their financial support. The Committee are also grateful to all the organisations who kindly donated raffle prizes, and finally to all the exhibitors and visitors.

NONITA PALMER

Nonita Palmer, who died last month, is remembered by many people in the three villages as the wife of Canon Peter Palmer, Rector of Kensworth, Studham and Whipsnade. Lively and sociable, she participated with enthusiasm in the events organised by all three churches, enjoying our coach outings to cathedral towns and weekends away. She willingly played the organ for services when asked to do so. All this was in spite of her busy professional life as headteacher of North Mimms Primary School.



When Canon Peter retired, they moved to St Albans, where she supported the activities of the Cathedral Education Department while being an active member of St Saviour's church. She is fondly remembered by church members in all of the parishes of the churches where Peter was the incumbent.

MACMILLAN COFFEE MORNING

The Millfield Green Retirement Village, Caddington, is holding a Macmillan Coffee Morning at the Village on Friday 2nd October, 10.30am – 12.30pm. All welcome to come and enjoy coffee and cakes and savouries for a donation to this very worthy cause, and to see round the Village (LU1 4AR).

DUNSTABLE & DISTRICT LOCAL HISTORY SOCIETY

13th October: **A Georgian Benefactor**

Hugh Garrod tells the story of the wealthy Frances Ashton, who was so angered by her disobedient daughter's unsuitable marriage that she left her money instead to found a number of Dunstable educational charities - still active today. Next year is the 300th anniversary of Mrs Ashton's death. Meeting 7.45pm in the Methodist Hall, The Square, Dunstable. Visitors £3.

SOUTH BEDS ASSOCIATION OF NATIONAL TRUST MEMBERS

Our programme of talks begins this month – see below for the details. We meet in the Salvation Army Hall in Bull Pond Lane, Dunstable. Visitors welcome (£4), Members £2. Refreshments £1. You do not need to be a member of the National Trust to join our supporters' group.

October 5th
November 2nd
December 7th

Kevin Varty
Mike Chapman
Ann Ledger

Radio Days
Commonwealth War Graves
History of the Pantomime

CHURCH NEWS

KENSWORTH METHODIST CHURCH: Sunday services are at 10.30am:
 11th. October Harvest Festival Led by Mr Ivor Mitchelmore
 25th October Morning Worship Led by Mrs. Andrea Als-McClean

Further details can be found on the Chapel noticeboard.

STUDHAM METHODIST CHURCH

Our minister is Rev. Helen Roberts (713773 or revhelen2015@gmail.com).
 Or you may wish to call our local pastoral contact Linda Hillier (872860).

October services:

Sunday 13 th	10am	Rev. Helen Roberts	HC
Sunday 25 th	10am	David Crew	

Medicinal Blister Packs: as you will be aware, CBC are currently **not** recycling these and so they are going to landfill! However, we have found a place that will recycle them, so there is an orange lidded bin by the door of the Chapel where you may put your blister packs and we will deal with them for you.

ECO-LIVING – SUPPORTING NATURE IN OCTOBER

It's Autumn time after the blisteringly hot summer; time to kick rustling leaves, get out thick jumpers and scarves and enjoy the change in nature. But what can we do to support wildlife this autumn? Here are some tips from the Woodland Trust on things we can think about doing:

- plant native trees such as holly, hawthorn and rowan, which help provide shelter and provide vital food for birds, insects and small mammals.
- if you have a pumpkin this year, make it into a bird feeder by putting strong sticks through it and filling it with bird seed and putting it on a bird table or hanging it from a tree. When it starts to rot, add it to the compost/put it in the food waste bin.
- autumn is the crucial time for hedgehogs as they need to build up fat reserves to see them through their winter hibernation. Can you leave a small pile of leaves and twigs in a quiet corner for them to use as a winter sanctuary? Or even build a hedgehog house.
- keep birdbaths and feeders topped up over the autumn months.
- build a bug hotel.
- be selective with secateurs – we tend to cut everything back in the autumn, leave some seed heads, hollow stems and low lying foliage which can provide an important habitat for animals.

KENSWORTH RE-USE CENTRE

This is held in the Church Hall, Clayhall Road (behind the Vicarage), open 2pm - 4pm on Wednesdays and 10am -12 noon on Saturdays. All kinds of treasures are available – come and have a browse! (Unfortunately, we cannot sell electrical goods, used clothing or large items of furniture). Please make sure items for sale are clean and unbroken. Cash only.

Unfortunately, the Centre will be **closed** on **Saturday 31st October** as we need volunteers for that day. If you would like to help to run the shop on an occasional Saturday, please contact Steve Hartley (872713).

SEEKING DUKE of EDINBURGH VOLUNTEERS

Are you looking for some local volunteering as part of your Bronze, Silver or Gold Award? Look no further – we need your help to maintain the perimeter of our medieval church in Kensworth from encroaching weeds. 1 hr a week for 3/6/12 months is all you need to be signed off for your Volunteering Section of the Award.

Contact Jane Bedlington, Warden of St Mary's Kensworth (also a DofE Expedition Leader) (07796 015292).

KENSWORTH VILLAGE HALL

We have all enjoyed the wonderful hot sunny summer, but it did throw up a few things that we all take for granted. The hosepipe bans and the possibility of water shortages in the future, got us thinking about our water usage in the Hall, so we have had a water usage “health check” carried out. We were very surprised with the outcome: by making small adjustments to taps and toilets etc, it made a big difference to our water usage and therefore to our water bills. We look forward to the savings, and in a small way helping to save water for the future.

Our next challenge is the New Recycling legislation that comes into effect on 1st April 2027. We will need to separate dry recycling waste and food waste from general waste. This will be difficult to police in premises used by the public. Watch this space!

Upcoming events: keep a lookout on our website (kensworthvillagehall.com) and local media for our Hallowe'en activities on Friday 30th October;

Christmas Family Bingo Evening - Friday 27th November. Come and enjoy the evening with the family!

Kensworth Village Hall Christmas 🎅 Fayre on Sunday 6th December. If you are interested in having a stall, please contact 07831 538682.

STUDHAM PARISH COUNCIL

The September meeting was well attended, with all Councillors and several residents present. Issues discussed included breaches of planning, the proposed memorial bench for Holywell Green and the appointment of a new Clerk to the Council.

All members of the public are welcome to attend the October meeting, the date of which will be on the website and village noticeboards once the appointment and availability of the new Clerk is confirmed. Residents can receive regular e-mail updates by registering on the SPC website (www.studhamparishcouncil.gov.uk).

WHIPSNADDE PARISH COUNCIL**Zoo Lights Around the Whipsnade Lion**

To commemorate the 200th anniversary of the founding of ZSL, the Lion on Whipsnade Downs is being illuminated over the winter period. The switching on will take place around 7pm on Wednesday 23rd September, and if you're returning from holiday into Luton Airport after that, make sure you book a seat on the left-hand side of the aircraft to get an aerial view.

Whipsnade Village Green**Winter Scrub Management programme – Volunteers Needed**

We are pleased to continue to organise a programme of winter scrub clearance and conservation activity on Whipsnade Green. To add to the efforts of an existing small group of volunteers, we hope to extend the scope of work by inviting participation from other P3 groups and from any new volunteers who may want to join our core team. Work has to be carried out outside the bird-nesting season, ie. over the winter period, ideally, between October and February.

The group will be holding four working sessions, currently being planned for November, December, January and February, all on Sundays for 3 – 4 hours, starting at 10.30 am. Why not come along for some winter fresh air and good exercise and help to keep our beautiful village pristine? Dates for all sessions will be advertised in future editions of the Link

Charity proceeds from the Whipsnade Village Summer Party

We are pleased to announce that the profits made from the Summer Party are to be distributed as follows: Whipsnade Village Hall (£500), Church of St Mary Magdalene (£500), and to four charities which will each receive a quarter of the remainder, equal to approximately £250 per charity - Keech Hospice, Carers in Bedfordshire, Motor Neurone Disease (MND) charity and Brain Tumour UK.

STUDHAM VILLAGE CE ACADEMY

Welcome Back to the Autumn Term

As the days begin to shorten and the leaves start to turn into beautiful shades of gold, red and amber, we are reminded of the wonder and beauty of autumn. It is a season of change, growth and new beginnings, making it the perfect time to welcome everyone for another exciting year of learning.

We have had a fantastic start to the new term and are delighted to launch our new school vision:

"Caring to learn. Learning to care. Flourishing together."

This vision is underpinned by the words of Jesus in John 10:10:

"I came to give life. Life in all its fullness."

At Studham, we want every child to flourish academically, socially, emotionally and spiritually. Over the first few days of term, we have been talking with the children about what it means to be the very best they can be, showing kindness and care for others while striving to achieve their full potential. Together, we are creating a community where everyone is valued, supported and encouraged to thrive.

If you would like to come and see our wonderful school in action, we would be delighted to welcome you. Please contact the school office (872337 or e-mail school@studhamschools.org.uk) to arrange a visit.

Sarah Young Headteacher

CARPET BOWLS

2pm Thursdays in Studham Village Hall

We are a friendly mixed group and new members will be made welcome. No experience is necessary, no equipment needed. It is an opportunity to relax and, at the same time, have some very modest exercise. Contact Geoff Duke (07786 663089) or please just come along.

FRIENDS OF STUDHAM COMMON

Over the Summer months the Friends have had a number of reports of the Commons being used to fly model aircraft, as well as riding motorbikes.

Please note: such activities are contrary to the local bylaws and should be reported to the Police as anti-social behavior by phoning 101.

Our next work party will be on 17th October, when we will be trimming the school hedge on West Common and also thinning some trees and selectively cutting and clearing grass and bracken.

Everyone is welcome; please do come and help out if you can; new volunteers are always welcome. All tools and a light lunch will be provided. Meet at the War Memorial, West Common opposite the Red Lion, at 10am.

For further information please contact the work-party co-ordinator Joan Stone (07740 353656 or geone.stone@gmail.com).

KENSWORTH FLOWER & VEG SHOW

PHOTOS COURTESY OF JOHN AND LORNA HAGEN



STUDHAM EXTRA

STUDHAM TABLE TENNIS CLUB

Thank you to everyone who supported the Macmillan Coffee Morning in the Village Hall at the end of September; final results will be posted on the notice board in the Village Hall once all the donations have been combined.

The players meet at the Village Hall on Wednesdays, 10am to 12 noon, and Fridays, 9.30am to 12.30pm. Players of a varied standard play and it costs £3 (cash only) per week including tea, coffee and biscuits.

There is a waiting list for both days, but if you wish to be added to it, please send an e-mail to twohappyfolks@btinternet.com or call 07484 755404.

PICKLEBALL AT STUDHAM TENNIS & PICKLEBALL CLUB



Pickleball players have been enjoying playing on the new TigerTurf courts in the sunshine this year. Pickleball is a fun, easy to play game and is great for fitness and for socialising. The Club runs Pickleball on Saturdays at 10am, Tuesdays at 9.30am (all year) and Wednesdays from 6pm (Summer months).

If you are interested and would like to try a taster, or find out more about Pickleball, contact

Cheryl Ronaldson (cheryl.ronaldson@icloud.com or 07979 090838).

WI

Thursday 1st October at 7.15pm in Studham Village Hall.

We are looking forward to seeing Chris Opperman again to tell us about his life in Radio Broadcasting. This will be an open meeting so all are welcome to come and join us. Entrance to non-members is £5, and there will be a raffle. Tea, coffee and biscuits will be served to end the evening.

QUIZZES

Tuesday 6th October at 8pm in the Red Lion, Studham.

£3 per head to enter and £1 per strip raffle. This season we will be supporting both the Village Hall Rebuild and also Young Lives vs Cancer. There is no fixed team size – so you can go solo or bring all the family; ring the Red Lion (872530) to book a table (and order food if required).

The rounds for October will be:

1: Sport & Recent news; 2: School Days; 3: Alphabet (K); 4: Entertainment; 5: What's Left? Anything we couldn't fit in the previous rounds! and 6: Music 1950s-2020's (only need title and they all start K).

You may well have donated goods to our local Foodbank by leaving offerings in the various drop off points which include the churches and schools. But have you ever wondered what happens to it then?

Well, thanks to Mike Pittam, a Studham resident and Trustee of Dunstable Foodbank, I was able to pay a visit to find out more about what happens.

First of all, a bit of context. Dunstable Foodbank provides food to people who live in LU5 or LU6 who need emergency food parcels. You must be referred to them; the main agencies who can refer are:

Citizens Advice Bureau (CAB)

Salvation Army

Downside Neighbourhood Centre

Beehive Children's Centre

Parkside Neighbourhood Centre

Also, many local schools, doctor's surgeries and churches.

They will issue vouchers which can be redeemed at any of the Foodbank centres (see below). Clients are currently allowed up to 5 food parcels, which contain enough food for 3 days, in any 6 month period. Clients needing further food or support are referred to Citizens Advice to help address their underlying issues.

Any food donations are taken to the Dunstable warehouse, where a team of volunteers divides donations up into mixed food boxes according to the size of families. These are then taken to the various distribution centres where they can be collected.

The distribution centres are open at different times so as to provide the widest service possible:

- New Life Church, Houghton Regis (Mons 2-4 & Weds 10-12)
- The Way, Christ Church, Dunstable (Tues 2.30-4.30 & Fri 12.30-2.30)
- St Augustines Church, Dunstable (Thurs 9.30-11.30)
- Houghton Regis Baptist Church (Thurs 1.30-3.30).

Currently stock levels are low due to increasing demand and falling donations. Dunstable Foodbank expects to need to spend £10,000 over the next year to maintain current food parcel sizes.

Donations are therefore warmly welcomed – please see poster on p.21.

Fiona McDougal

LOCAL EVENTS

HOLLISTIC AND WELLBEING FAIR AT WHIPSNADE VILLAGE HALL

For the second time this year, Whipsnade Village Hall are delighted to host the very popular Holistic and Wellbeing Fair on Saturday 24th October, 11am - 4pm. There will be a variety of stalls including tarot readers, psychic mediums, Energetix magnetic jewellery, crystals, spiritual art, vegan chocolate, vintage curios and many more.

Entrance fee is £1, and refreshments will be available. All proceeds from the event will go to the upkeep of the Village Hall.

CHRISTMAS FAIR AT WHIPSNADE VILLAGE HALL

Whipsnade Village Hall will be holding their Christmas Fair on Saturday 28th November this year. If anyone is interested in having a stall, please contact Carole Chant (carole.chant@sky.com).

CHRISTMAS CARD MAKING Thursday 19th November, 7 - 9pm.

Come and learn some printmaking skills (drypoint and lino printing) at Kensworth Church Hall, behind the Vicarage. Local artist, Annabel MacIver, will be there to teach and help you ink up and use the small printing presses.

All cards, ink and refreshments included. £15 per person.

CHRISTMAS CARD MAKING for KIDS - Saturday 21st November, 10am-12 noon.

Get creative! Come and make cards for Christmas, using potato stamps, Lino stamps and many other printing methods! Ages 3-14 (parents of primary age children should stay with their child).

Cards and all paper supplies included. Refreshments also included!

Please text Annabel (07793 844077) to reserve a place for these two events. Donations welcome; all proceeds to St Mary's Church, Kensworth.

STUDHAM VILLAGE HALL

If you are interested in hiring the Village Hall, please contact Lynne Smith (bookingstudhamvh@gmail.com) who will be happy to discuss your needs. We are always happy to welcome anyone interested in becoming a Trustee; the work is not onerous; we have around 4 meetings a year. Contact Chrys Smith (07907 974091 or e-mail smithlaws@hotmail.co.uk).

STUDHAM CHARITY BINGO

Wednesday 7th and 21st October at 8pm in Studham Village Hall

Why not come and join us? Doors open at 7.30pm. What's more, it won't break the bank. 25p entrance, £4.50 for a set of 6 books and 25p for a strip of raffle tickets. It doesn't matter if you play bingo regularly, have not played for years, or never even played at all.

KENSWORTH PARISH COUNCIL

Website: www.kensworthparishcouncil.gov.uk

Contact: clerk@kensworthparishcouncil.gov.uk Tel: 07387 789897

Celebrating over 130 years of Kensworth Parish Council

To celebrate and preserve an important part of our history, we have commissioned a Chairman's Chain of Office, with a link recognising each of the 25 Chairs who have served since the Council was formed in 1894. A commemorative board listing all 25 Chairs will also be displayed in the Village Hall. A new Parish Council logo has been designed and will feature on both the Chain and the board.

Several local residents have already generously offered to contribute towards the project. We would like to give other residents the opportunity to be part of this piece of Kensworth history. The project will cost around £6,000, with any amount not raised through donations being met from Parish Council funds. See the website (details above).

Next Meetings: 8th October and 12th November, 7.30pm, Village Hall.

STUDHAM SPORTS AND SOCIAL CLUB

Opening hours: Sat & Sun 12 noon and Mon to Fri 4.30pm

There is a Bubbles and Bake Afternoon Tea on Sunday 4th October, 2pm - 4.30pm in the Clubhouse. Afternoon tea, no fizz £19.95; fizz it £29.95; add gin £29.925 or wine it £29.95. Come and join us for an afternoon of sandwiches, cakes and whichever floats your boat!

Special evenings are in the pipeline, so watch the noticeboard, Facebook or website for times and dates. We are currently looking to start a Book Club. If you are interested, please e-mail for further details or join us on Monday 28th September at 4.30pm at the clubhouse.

STUDHAM PLAYING FIELDS

Football is here again. We will be fielding 2 teams this year, so plenty of action for you to watch and enjoy.

If you are more energetic, cricket, football, tennis and pickleball are open to new players; if you are interested, please get in touch (Studhamssc@icloud.com). Junior training is also available.

The playing fields are also available for other events. If you would like any further information, or are interested in using the fields to host an event, please contact Allan Wright (871495).

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YOGA CLASS: Tuesday evenings in Studham Village Hall 7.30pm – 8.30pm. All levels welcome. Please bring mat, blanket and water. Chair can be used. All proceeds to charity. Contact Helen on 07581 132418 or hc.thompson@me.com

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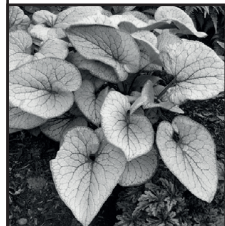
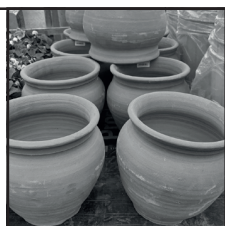
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DUNSTABLE FOOD BANK: We always need foodstuffs but especially long-life fruit juice; sweets/chocolate; tinned meat in sauce; jars of jam; pulses; instant mash; long-life milk; tea and carrier bags. Please leave items in any of the three churches or take to the Vicarage.

HOSPICE@HOME: Free support for life-limiting illnesses. Volunteer service for respite, telephone calls and more. Referrals: 07709 131514 hello@hospiceathomevolunteers.co.uk

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