

This week we pray in love for:

The life of the villages

- ♦ Industry, businesses and shops
- ♦ Those who come here to work
- ♦ Those who commute to work
- ♦ Those who work from home
- ♦ The retired, and carers

In our Diocesan Prayer Diary, we pray for the parish of St. Mark, Hitchin, in the Deanery of Hitchin

August prayers for...

Kensworth

Bakers Lane, Woods Close, Grove Place, Dovehouse Lane and Malms Close

Studham

Church Road, Church Close, Church Mead and Red Lion Cottages

Whipsnade

Bushey Close, Village Hall and Field; and Windy Sayles

This week please remember in your prayers; those in the midst of illness, operations or accidents, including Frank and Barbara Walker, Trish Palmer, Alan Geeson, Jo Hutchinson, Ann and Malcolm Weir, Wendy Kennedy, Chris Hazell, Catherine, Hilda, Mike, Karen and Rees; and those who have died recently.

Do you have a name or a request for prayer that you wish to have included on this prayer list? Please email Nicola on revnicolalenthall@btinternet.com before Thursday each week.

A prayer for this week: Faithful God, we thank you that even in the storms of life, when everything seems upside down and we feel beaten up, you are with us. Thank you that even when we can't hear your voice above the noise, you still speak. Thank you that we can trust you in storms and when peace returns. **Amen.**

Readings for next week: Isaiah 56: 1, 6-8;
Romans 11: 1-2a, 29-32; Matthew 15: 21-28

• ***Dates for your diary***

- **Thursday 6th August, 2pm** – Funeral of Brenda Breden, Kensworth Church
- **Wednesday 19th August, 11.30am** – Interment of ashes, Studham Churchyard

Foodbank requirements:

Long-life fruit juice; meat in sauce; rice puddings; instant mash; long-life milk; sweets or chocolate in packets; savoury snacks; carrier bags (in good clean condition please). No pasta please!



Welcome to the United Benefice of Kensworth, Studham and Whipsnade

Part of the North Chilterns Group of
Parishes

Sunday 9th August 2026
Tenth Sunday after Trinity

Kensworth	10.30am – Morning Service (no Sunday School)
Studham	10.30am – Holy Communion
Whipsnade	9.00am – Holy Communion (no Sunday School)

Services next week: 16th August

Kensworth	10.30am – A service of Stillness and Reflection
Studham	10.30am – Family Service (no Children's Church)
Whipsnade	9.00am – Family Service

If this is your first visit to one of our churches, then please make yourself known to whoever gives you a service order. If you need a gluten-free wafer or Holy Communion brought to you in your seat, please let us know. The rector (Nicola) can be reached on (01582) 872223 or at revnicolalenthall@btinternet.com. Please also email Nicola if you'd like to receive this service sheet weekly by email. We hope you find your time with us prayerful, inspiring and enjoyable.

Sunday 9th August 2026
Tenth Sunday after Trinity

The Collect

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

A reading from the First Book of Kings

1 Kings 19: 9-18

When Elijah reached Horeb, the mountain of God, he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.'

This is the word of the Lord

All: Thanks be to God

A reading from St Paul's letter to the Romans

Romans 10: 5-15

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.' But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

This is the word of the Lord

All: Thanks be to God

Hear the Gospel of Our Lord Jesus Christ according to Matthew

All: Glory to you, O Lord

Matthew 14: 22-33

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.' Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord.

All: Praise to you, O Christ.

Prayer after Communion

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen**

REFLECTIONS ON THE READINGS:

When you feel afraid like the disciples did, what has helped you in the past?

For parents and carers: ask your children, "How does it feel when things are out of control and scary?"