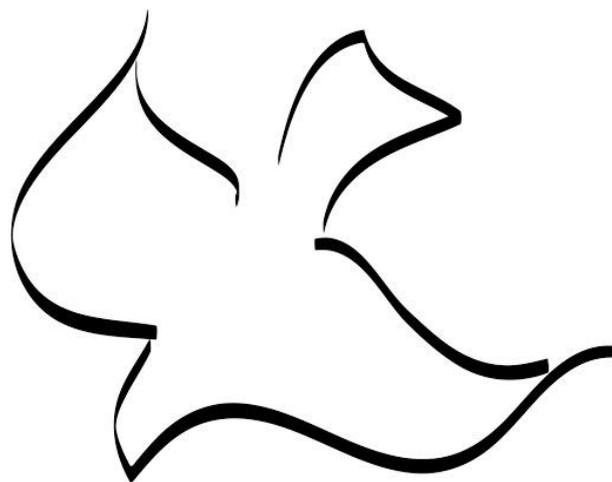


The United Benefice of Kensworth, Studham and Whipsnade

**An Everyday
Holy
Communion
for
Ordinary Time**



WELCOME

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The Lord be with you.
And also with you.

PREPARATION AND CONFESSION

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

The confession is introduced.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

God's forgiveness is pronounced.

GLORIA IN EXCELSIS

**Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ;
with the Holy Spirit,
in the glory of God the Father.
Amen.**

COLLECT OR OPENING PRAYER

**Lord, direct our thoughts,
teach us to pray,
lift up our hearts to worship you
in Spirit and in truth,
through Jesus Christ. Amen.**

FIRST READING AND GOSPEL READING

This is the gospel of the Lord.
Praise to you, O Christ.

CREED

**We believe in God the Father,
God almighty, by whose plan
earth and heaven sprang to being,
all created things began.
We believe in Christ the Saviour,
Son of God in human frame,
virgin-born, the child of Mary
upon whom the Spirit came.**

**Christ, who on the cross forsaken,
like a lamb to slaughter led,
suffered under Pontius Pilate,
he descended to the dead.
We believe in Jesus risen,
heaven's king to rule and reign,
to the Father's side ascended
till as judge he comes again.**

**We believe in God the Spirit;
in one Church, below, above:
saints of God in one communion,
one in holiness and love.
So by faith, our sins forgiven,
Christ our Saviour, Lord and friend,
we shall rise with him in glory
to the life that knows no end.**

PRAYERS OF INTERCESSION

THE PEACE

Jesus says: 'Peace I leave with you; my peace I give to you.
Do not let your hearts be troubled, neither let them be afraid.'

The peace of the Lord be always with you
and also with you.

PRAYER AT THE PREPARATION OF THE TABLE

Be present, be present,
Lord Jesus Christ,
our risen high priest;
make yourself known in the breaking of bread.
Amen.

EUCCHARISTIC PRAYER FOR DAILY LIFE

Creator God, in whose design
joy and woe are woven together,
we thank you for calling us
to work with you in weaving
the fabric of your kingdom.

We thank you that
in your Son Jesus Christ,
you have given us a pattern for ministry,
and that yoked with him
in joys and sorrows
we have strength for the task.

Be with us now
as we remember Jesus,
who, on the night before he died,
took bread and wine, blessed them
and gave them to his friends, saying,
'This is my body, given for you.
This is my blood, shed for you.
Eat and drink to remember me.'

Come freshly to us now, Lord God,
and in the midst of struggle keep us
joyful in hope.
Pour out your Holy Spirit as we
bring before you these gifts and
remember Christ's sacrifice
made once for all on the cross.
Feed us with his body and blood
that we may live and grow in him.

Pick up the threads of our experience;
craft your pattern in us and through us,
and in your time reveal its significance;
for you are the God who
weaves the opportunities of our daily lives,
our joys and sorrows,
into the glory of your eternal kingdom. **Amen.**

THE LORD'S PRAYER

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever
Amen.**

BREAKING OF THE BREAD

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us peace.**

AN ACT OF COMMUNION

**Lord Jesus,
together we have remembered your saving acts.
Be present with us now,
though we cannot be present with one another:
come to us through bread and wine,
though we cannot taste or share them,
and remain in our hearts, we pray. Amen.**

CLOSING PRAYER

**God of truth and love,
you feed us through your word
and in your presence among us.
In caring for one another
we feed the hungry and so feed you.
In sharing what we have
we grow through grace in faith and trust.
Help us to know that we are always nourished by your love;
that you never abandon us even in times of pain
and that the power of the resurrection rolls away
every stone which might seem to divide us from you or others
because nothing can ever separate us from your love.
Amen.**

May Christ,
who out of defeat brings new hope and a new future,
fill you with his new life;
and the blessing...
Amen.

Go in the peace of Christ.
Thanks be to God.

Copyright Acknowledgements:

Common Worship: Services and Prayers for the Church of England, material from which is included in this service, is copyright © The Archbishops' Council, 2000

Eucharistic Prayer for daily life from **Words by the Way**, Ann Lewin, Inspire, 2005: used by kind permission of the author
Other material specially written by Nicola and Adrian Lenthall